

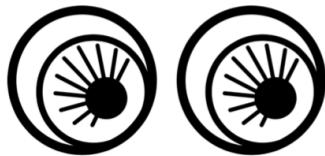
# DAILY PREVENTION TO-DOS

1.  
WEAR AN  
EPA-APPROVED  
TICK REPELLENT



2.  
PULL SOCKS OVER  
PANTS & TUCK IN  
SHIRT

3.  
THROW CLOTHES  
IN DRYER FOR 30  
MIN. WHEN  
GETTING HOME



4.  
SHOWER & TICK  
CHECK

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# TICK REMOVAL INSTRUCTIONS

1.  
USE TWEEZERS ONLY  
AT HEAD OF TICK/  
PULL STRAIGHT UP



2.  
DISINFECT  
AREA OF  
BITE &  
TWEEZERS

3.  
SAVE THE TICK &  
SEND FOR TESTING



4.  
MONITOR FOR  
SYMPTOMS &  
DOCUMENT ANY  
RASH

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